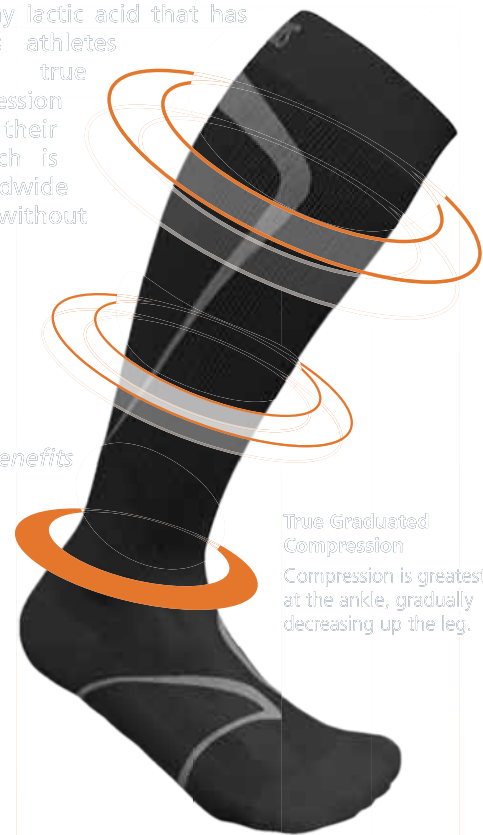


TRUE GRADUATED COMPRESSION

When an athlete slips on a pair of SIGVARIS Sports Socks or Sleeves, his or her legs will instantly feel supported and comfortable, but the real benefit of wearing true graduated compression happens at a deeper level. All SIGVARIS Sports products use the science of true graduated compression. This means that the compression is strongest at the ankle and gradually diminishes up the leg (see diagram below). These compression socks act as a layer of muscle, gently squeezing stretched vein walls. This built-in feature helps fight the force of gravity and circulate blood back to the heart more efficiently.

When blood is properly circulated, it restores much-needed oxygen and nutrients to tired muscles that have been deprived during a workout. SIGVARIS Sports products help muscles regenerate more efficiently and help to remove any lactic acid that has built up. Today's athletes understand that true graduated compression helps to improve their performance, which is why athletes worldwide won't leave home without SIGVARIS Sports.

Note: When you shop for athletic compression socks or sleeves, please keep in mind that many brands don't actually offer the benefits of true graduated compression.



True Graduated Compression
Compression is greatest at the ankle, gradually decreasing up the leg.

PERFORMANCE SOCKS AND SLEEVE SIZING

Ankle Circumference Tour de la cheville	Calf Circumference Tour du mollet	Shoe Size / Pointure		Sock Size Grandeur	Sleeve Size Grandeur
		Male Homme	Female Femme		
7"-8.5" (18-21.5cm)	11"-15.5" (28-39cm)	≤6.5	4.5-7.5	SS	SS
		7-9.5	8-10.5	SM	
		10-12.5	11-13.5	SL	
8.5"-10" (21.5-25.5cm)	12.5"-17.5" (31.5-45cm)	≤6.5	4.5-7.5	MS	MM
		7-9.5	8-10.5	MM	
		10-12.5	11-13.5	ML	
10"-11.5" (25.5-29cm)	14"-20" (35.5-51cm)	7-9.5	8-10.5	LS	LL
		10-12.5	11-13.5	LM	
		13-15.5	>14	LL	
11.5"-13" (29-33cm)	16"-23" (40.5-58cm)	7-9.5	8-10.5	XS	XL
		10-12.5	11-13.5	XM	
		13-15.5	>14	XL	

ATHLETIC RECOVERY SOCKS SIZING

Sock Size	Women's Shoe Size	Ankle Circumference	Men's Shoe Size	Sock Size
A	5 - 7	7"-9" 18cm-23cm		
B	7½ - 9½	7½"-10" 19cm-25cm	6½ - 8½	A
C	10 - 12	8"-10½" 20cm-27cm	9 - 11	B
D	12½ - 15	8½"-11½" 21cm-29cm	11½ - 14	C
		8½"-11½" 21cm-29cm	14½ - 17	D



All Sports products meet SIGVARIS' strict standards for ensuring proper fit and necessary compression levels.

SIGVARIS

PEAK YOUR PERFORMANCE
SPEED UP YOUR RECOVERY



SIGVARIS SPORTS

A growing trend among competitive athletes and weekend warriors is the use of graduated compression socks and sleeves to help improve their athletic performance and recovery. Whether it's during the actual event, after the event, or even while traveling, today's athletes are making SIGVARIS Sports true graduated compression socks a part of their attire, and so can you.

Athletes who wear SIGVARIS Sports benefit from:

- **More than 50 years of experience of manufacturing by the Global Leader in true graduated compression**
- **Increased circulation**
- **Improved blood flow through the veins**
- **Increased oxygen to the muscle tissue**
- **Lactic acid flush-out and relief from delayed onset muscle soreness**
- **Reduced exercise-induced muscle soreness in legs**
- **15–20mmHg and 20–30mmHg compression**

SIGVARIS SPORTS

Peak Your Performance and Speed Up Your Recovery

PERFORMANCE SOCKS



SIGVARIS Performance Socks are taking athletes to a whole new level. In addition to all the benefits of true graduated compression, Performance Socks feature Achilles tendon protectors, a footbed cushioned zone to keep feet blister-free, an extra-wide comfort band that stays in place and thermal/odor control that keeps this socks incredibly dry. On the field or during a race, this sock is the ultimate compression sock for active individuals.



PERFORMANCE SLEEVES

SIGVARIS Performance Sleeves provide ankle-to-calf compression that may be worn with or without your favorite ankle socks. The special construction makes this sleeve perfect for land or water wear and has been used by athletes and triathletes worldwide.



ATHLETIC RECOVERY SOCKS

SIGVARIS Athletic Recovery Socks help athletes recovery faster after a workout. Whether you're coming off the field, leaving the gym, or have just completed a marathon, Athletic Recovery Socks help relieve muscle soreness with a patented Drirelease® material that keeps your feet dry and an embedded Freshguard® that virtually eliminates odors.



Ideal for a Wide Range of Sports & Activities